

# RUN PILGRIM

Thanksgiving  
Morning  
Nov. 24, 2016  
at 9am



Jump start your Thanksgiving morning with a fun 5K walk or run through historic Hyde Park in midtown Kansas City, Missouri.

Proceeds from this event will benefit the Community Programs of the Pilgrim Center. The race is USATF certified and chip timed.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Age on race day: \_\_\_\_\_ Birthdate: / / Sex:  M  F

Runner  Walker  Cornerstones of Care Children's Dash (8 and under)

Individual Turkey	<input type="checkbox"/> \$30 until Nov. 14	2 or 3 Turkey Team	<input type="checkbox"/> \$28.50 until Nov. 14
	<input type="checkbox"/> \$35 Nov. 15-23	(5% discount per Turkey)	<input type="checkbox"/> \$33.25 Nov. 15 - 23
	<input type="checkbox"/> \$40 Race Day		<input type="checkbox"/> \$38.00 Race Day

Children's Pilgrim Dash	<input type="checkbox"/> \$15	4 or more Turkey Team	<input type="checkbox"/> \$27.00 until Nov. 14
		(10% discount per Turkey)	<input type="checkbox"/> \$31.50 Nov. 15 - 23
			<input type="checkbox"/> \$36.00 Race Day

T-shirt:

Adult  S  M  L  XL  2X (+ \$3)  3X (+ \$3)

Adult Tech  S  M  L  XL

Youth  S  M  L

Shirts not guaranteed after Nov. 14.

Make checks payable and mail to: Pilgrim 5K Run/Walk  
3807 Gillham Road  
Kansas City, MO 64111

Team Name: \_\_\_\_\_

WAIVER: I know that participating in a road race is a potentially hazardous activity. I will not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participating including, but not limited to falls, contact with other participants, traffic, road conditions, or effect of weather. Having read this waiver, knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to or who may claim to act on my behalf, waive, release, discharge, and covenant not to sue THE CITY OF KANSAS CITY, MISSOURI, ULTRAMAX SPORTS, PILGRIM RUN, PILGRIM CHAPEL, PILGRIM CENTER, ALL RACE SPONSORS AND VOLUNTEERS, including their agents, employees, representatives, successors, assignees, or anyone acting on their behalf, from any and all claims or liabilities for death, personal injury or property damage of any kind or nature arising out of, or in the course of, my participation in this event, including claims or liabilities that may arise out of negligence or carelessness on the part of the persons named in this waiver. This release and waiver extends to all claims of any kind or nature whether foreseen or unforeseen, known or unknown. The undersigned further grants full permission to Pilgrim Run, its race sponsors, and/or agents authorized by them, to use any photographs, videotapes, motion picture recordings, or any other record of this event for any purpose. Applications for minors will be accepted only with a parent's signature. (If a parent is signing on behalf of a minor, then the parent agrees to defend and indemnify all persons and entities listed in this Release & Waiver against any claim brought against them by that minor at any time, arising out of the minor's participation in this event.) The race director reserves the right to shorten or cancel the event due to weather conditions with no refund.

Signature of participant \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian \_\_\_\_\_